
James LESLIE : Dr Mills

3 messages

James Leslie <jhleslie@gmail.com>

30 June 2026 at 15:40

To: "LAKESIDESURGERY (THE LAKESIDE SURGERY)" <warccg.lakesidesurgery@nhs.net>

James Leslie

Date of birth: 19 June 1953

NHS number: 448 834 7746

15 Summerville Gardens, Stockton Heath, Warrington WA4 2EG

07850 494032

Hi,

I've recently had a blood test, and based on my reading of the result, it seems I have a LDL cholesterol of 2.0 mmol/L

When I saw Dr Fox the cardiologist at the Spire he sent a letter to Dr Mills which said:

He will need to have his lipid profile checked at the end of May to ensure that his cholesterol is below 4 and LDL below 1.8. If he is not at this level, given that his calcium score is over 400 on his coronaries, he should double the Rosuvastatin from 5 to 10mg.

In view of the 2.0 mmol/L should I have my Rosuvastatin dose increased?

When I saw Dr Matthias Schmitt - who performed a CTCA scan - he said that Ezetimibe was an alternative although I don't remember his exact reasoning.

For convenience I have uploaded the various documents to a website which you can access here... <https://edulfing.neocities.org/medical/>

Please can you advise.

Thanks in advance!

James

LAKESIDESURGERY (THE LAKESIDE SURGERY) <cmicb-war.lakesidesurgery@nhs.net>

1 July 2026 at 16:57

To: James Leslie <jhleslie@gmail.com>

Thank you for your very informative email. You are correct - given the LDL is 2.0, we should increase the rosuvastatin from 5mg OD to 10mg OD.

I have added to your repeats and issued the 10mg tablet. You will need liver function blood test 6 weeks to 3months after taking the increased dose.

I have forwrded SMS booking link for the liver blood test - appointment can be made 26.8.2026 onwards.

Ezetimibe is indeed an alternative to a statin. However, I see no reason to change if you are tolerating the rosuvastatin and there has been an improvement.

Kind regards

Dr Mills

Lakeside Surgery

From: James Leslie <jhleslie@gmail.com>**Sent:** 30 June 2026 15:40**To:** LAKESIDESURGERY (THE LAKESIDE SURGERY) <cmicb-war.lakesidesurgery@nhs.net>**Subject:** James LESLIE : Dr Mills

This message originated from outside of NHS.net Connect. Please do not click links or open attachments unless you recognise the sender and know the content is safe.

[Quoted text hidden]

This message may contain confidential information. If you are not the intended recipient please:
i) inform the sender that you have received the message in error before deleting it; and
ii) do not disclose, copy or distribute information in this e-mail or take any action in relation to its content (to do so is strictly prohibited and may be unlawful).
Thank you for your co-operation.

NHS.net Connect is the secure email, collaboration and directory service available for all NHS staff in England. NHS.net Connect is approved for exchanging patient data and other sensitive information with NHS.net Connect and other accredited email services.

For more information and to find out how you can switch visit [Joining NHS.net Connect – NHS.net Connect Support](#)

James Leslie <jhleslie@gmail.com>

3 July 2026 at 09:42

To: "LAKESIDESURGERY (THE LAKESIDE SURGERY)" <cmicb-war.lakesidesurgery@nhs.net>

James Leslie
Date of birth: 19 June 1953
NHS number: 448 834 7746
15 Summerville Gardens, Stockton Heath, Warrington WA4 2EG
07850 494032

Thank you for your very kind email and for arranging the increased rosuvastatin dose.

I will start taking the 10mg tablet as advised and will book the liver function blood test in September.

Many thanks again for your help.

Kind regards,

James

[Quoted text hidden]